



4-H Shooting Sports Project

Kansas 4-H focuses on the mastery of 5 life skills:

1. A positive self-concept
2. An inquiring mind
3. A concern for the community
4. Healthy interpersonal relationships
5. Sound decision making

The subject matter content in 4-H focuses primarily on three mission areas:

1. science
2. healthy living
3. citizenship and leadership

Advice from a 4-H'er

From: Ethan, Age 17 (2015)

I have learned from and enjoyed 4-H so much, but I have especially enjoyed the Shooting Sports project. In Shooting Sports you can shoot Air Rifle, Air Pistol, BB gun, Archery, Hunting Skills, Shotgun, .22 Rifle, .22 Pistol, and Muzzleloading. I've competed at regional qualifiers, state matches, and even national shoots. I have made many new friends through Shooting Sports, both in and out of the county.

Through Shooting Sports I have learned self-discipline, self-confidence, and independence. I have learned to listen to the teachings and experiences of others, but I have also learned to trust my own instincts and make my own decisions for myself.

My advice to another 4-H'er beginning Shooting Sports is the same for anyone starting 4-H. Just jump headfirst into it and enjoy the experience. Don't be afraid to try new things and always listen to the advice of others. Don't be afraid to fail because it is just a stepping stone towards better things. Have fun and don't be afraid to blaze your own trail and to make the most of your experience and the short time that you have in 4-H.



Ethan with his archery bow.

Project levels

Age 7-9	Age 10-13	Age 14 +
<ul style="list-style-type: none"> ◆ Identify parts, uses and care of archery equipment and rifles. ◆ Learn and practice range commands. ◆ Learn and use safety rules and correct behavior on the range. ◆ Learn wildlife or hunting basics. 	<ul style="list-style-type: none"> ◆ Learn the differences and uses of a variety of equipment, such as types of archery equipment and rifle components. ◆ Develop shooting skills using different techniques and positions. ◆ Learn and use hunter safety rules and hunter ethics. 	<ul style="list-style-type: none"> ◆ Make archery equipment. ◆ Do gunsmithing. ◆ Demonstrate advanced skills by participating in higher level competitions. ◆ Do and teach about conservation practices. ◆ Participate in a state match with a chance to attend the national event.

The activities above are ideas to inspire further project development. This is not a complete list.



Events

State & County Opportunities

- ◆ Club Day
- ◆ County Fair
- ◆ State Fair
- ◆ County and State Shooting Sports matches

Check with your club to see what opportunities are offered at the club level as well.

Curriculum

Available to purchase at the Extension Office (check to make sure it's in stock)

- ◆ Basic Disciplines

Shooting Sports curriculum can also be purchased at the K-State online bookstore or the 4-H Mall.

4-H Record Book

4-H Record Books give members an opportunity to record events and reflect on their experiences. For each project, members document their personal experiences, learning and development.

4-H Record Books also teach members record management skills and encourage them to set goals and develop a plan to meet those goals

For more information visit www.johnson.k-state.edu/4-h/forms-resources/record-books.html

Resources:

Visit

<http://www.johnson.k-state.edu/4-h/project-club-resources/projects.html>

to also find the following links.

Kansas 4-H Shooting Sports Website:

- ◆ <http://www.kansas4-h.org/projects/agriculture-and-natural-resources/shooting-sports/index.html>

Other helpful Shooting Sports websites around the country:

- ◆ <http://www.extension.umn.edu/youth/mn4-H/projects/docs/ssw-taking-aim-at-youth-development.pdf>
- ◆ <http://youth.nra.org/>
- ◆ <http://www.4-hshootingsports.org/>
- ◆ <http://www.youthshootingsa.com/>
- ◆ <http://www.odcmp.org/0414/default.asp?page=PRONEMAT>
- ◆ http://www.odcmp.org/1104/default.asp?page=KNEELING_ROLL
- ◆ <http://www.odcmp.org/0614/default.asp>



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Exploring Opportunities

- ◆ Speak about proper handling, shooting, and types of firearms; and wildlife & hunting skills.
- ◆ Follow range and hunting safety rules and regulations.
- ◆ Clean up the shooting range and participate in environmental projects.
- ◆ Partner with local groups to promote safety and hunter ethics.
- ◆ Take leadership and partner with local groups to promote conservation and habitat improvement in your area.
- ◆ Plan and organize a shooting match.

Exhibit Ideas

- ◆ Present the proper outfit and accessories for hunting, shooting, etc.
- ◆ Give a presentation on proper gun handling, shooting skills, wildlife, hunting, types of firearms or archery equipment.
- ◆ Make a poster comparing different brands of available equipment.
- ◆ Make a poster comparing wildlife habitats and how humans interact with them on a daily basis.

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