EASY COLESLAW Serves 4-6

EQUIPMENT



INGREDIENTS



1/4 c. mayonnaise



1 Tbls.sugar



2 tsp. Lemon juice



2 tsp.vinegar



1/8 tsp salt & pepper



1/2 bag coleslaw

DIRECTIONS



1. Measure mayonnaise sugar, lemon juice, vinegar, salt & pepper into a bowl. Stir together with a whisk.



2. Place coleslaw in a large bowl.



3. Add dressing to coleslaw and stir until well coated.



4. Add whatever add in your desire.











apples, raisins, cranberries, mandarin oranges, sunflower seeds

Research and Extension

Master Food Volunteer
Johnson County

Amount per serving
Calories

120

Solity Value
Total Fat 10g
Cholesterol 5mg
Sodium 170mg
Total Carbohydrate 6g
Dictal Carbohydrate 6g
Dictal Carbohydrate 6g
Dictal Carbohydrate 7g
Dictal Carbohydrate 7

Contact Us: 913-715-7000 or foodhelp@jocogov.org