














QUICK EASY CHILI (pg.1)
Serves 4-6

STEPS	INGREDIENTS	PROCEDURES
<p align="center">1</p>	<p> 1 pound ground turkey</p> <p> 2 (15 oz.) chopped tomatoes with chilies</p> <p> 1 can red kidney beans (drain)</p> <p> 2 (8 oz.) can tomato sauce</p> <p> 1 package taco seasoning</p> <p> electric skillet or</p> <p> stovetop skillet</p> <p> spatule</p> <p align="center">IF CHILI IS NOT HOT ENOUGH FOR YOU, ADD CHILI SPICE TO YOUR LIKING.</p>	<p>Brown ground turkey in skillet. Drain grease if necessary.*</p> <p></p> <p>*(Put a colander on top of a bowl, to drain grease. Throw away in trash when cooled)</p> <p></p> <p>Rinse beans in colander over sink.</p> <p></p> <p>Add the following to ground turkey, chopped tomatoes, tomato sauce, red kidney beans, taco spice mix. Stir to mix.</p> <p></p> <p>Bring to a boil. Turn down and simmer for at least 10 minutes.</p> <p></p>