





## Strawberry Banana Graham Cracker Treat

1 serving





220 Calories | 6g Fat (2.5g Saturated) | 39g Carbohydrates | 0g Added Sugar | 3g Protein | 240mg Sodium | 2g Fiber

### Equipment Needed

 <p>Strawberry Slicer</p>	 <p>Cutting board &amp; small paring knife</p>	 <p>Measuring spoons</p>	 <p>Table knife</p>
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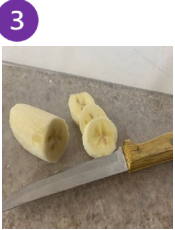

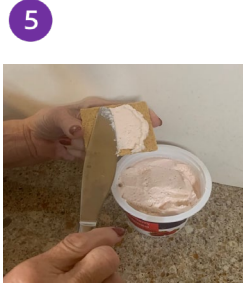
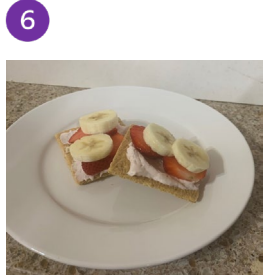
### Ingredients Needed

*\*Brand names that may be used in this recipe are not intended to endorse brands. Use any brand of your choice.\**

 <p>1 Strawberry</p>	 <p>1/2 Banana</p>	 <p>1 tablespoon low fat whipped strawberry cream cheese</p>	 <p>1 Graham cracker, broken in half.</p>
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### Directions

(Tbsp = tablespoon, tsp = teaspoon)

					
<p>Wash hands.</p>	<p>Cut off the top of the strawberry and slice.</p>	<p>Cut the half banana into slices.</p>	<p>Break the graham cracker in half.</p>	<p>Spread the cream cheese over each half of the cracker.</p>	<p>Place slices of strawberries and bananas on top of each halved graham cracker. Enjoy!</p>